

# Newsletter Snail Project



April 2021 - Number 1

## KICK-OFF MEETING IN VELENJE (ONLINE) IN SLOVENIA

November 30th, 2020. The first meeting of the Snail Project partnership was held in Velenje (online), Slovenia. The meeting was attended by representatives of Slovenia, Spain (2), Poland, Romania and Ireland. We have two years of work ahead of us. We are starting by doing some research on the state of the art in each country. This will be followed by a focus group covering questions that will encourage attendees to come up with a list of enemies of work pace and have an open discussion.

Our partnership comprises:

**-Andragoški zavod Ljudska univerza Velenje- Slovenia**

**-Indepcie - Spain**

**-Orange Hill – Poland**

**-CPIP – Romania**

**-GrowthCoop – Spain**

**-I & F Education - Ireland**

The next project (online) meeting will take after the focus group.



## OUTPUTS

We are developing three Intellectual Outputs that will be tested and multiplied:

**'SLOW BOSS' (O<sub>1</sub>)** focused on managers work pace,

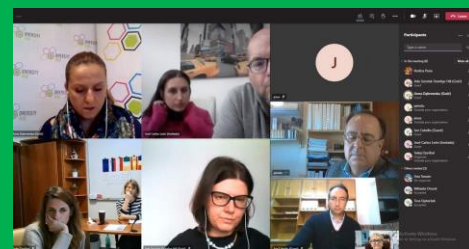
**'WORK SLOW, WORK BETTER' (O<sub>2</sub>)** focused on workers and proposing an adapted solution to a company which needs to slow down its internal work pace for a better productivity and creativity.

**'SLOW TRAINING' (O<sub>3</sub>)** the project consortium will develop a train-the-trainers module for facilitators in the previous outputs in company. The online system will also feature a platform for interactions between learners, facilitators, mentors and mentees, and other stakeholders.

## WHAT IS SNAIL?

*SNAIL is an Erasmus+ Project focusing both in the worker and the final product. For companies which follow the slow work philosophy, the most important thing is to increase the level of motivation and creativity of their workers, thus the productivity will be higher and the possibilities of long-term employability will be better. At the same time, they are making clients happier than if they offered a massive but worse quality product.*

*SNAIL bets for projects and products made with the maximum dedication, thinking in more profits for companies and more stable jobs, but also in the establishment of long-term professional relationships and increase of basic skills.*



# SNAIL PHILOSOPHY

*Studies have found that high EI in organizations is associated with increased productivity, higher engagement levels, lower turnover and absenteeism rates, and increased market share. This concept follows the lines of SLOW WORK, which defends that productivity is linked to breaks, pauses which allow workers to recharge energy and to take up again the task with an open, clean and easier mind.*

SNAIL philosophy is linked to the introduction of Emotional Intelligence in the workplace, cognitive flexibility and the development of social skills in the work world, those social skills the market is demanding today and which will be basic for workers, but also for companies, organizations and entrepreneurs in the next decade.

Emotional Intelligence (in short, EI) is, according to Daniel Goleman –professor in the University of Harvard- "the capacity for recognizing our own feelings and those of others, for motivating ourselves, and for managing emotions well in ourselves and in our relationships." Or, as Maurice Elias, Rutgers University psychology professor, puts it, "It's the set of abilities that helps us get along in life with other people in all kinds of life situations".

*'the philosophy of SNAIL challenges the unsustainable practice of doing everything as fast as possible and offers an alternative workplace framework for energizing people and helping people better align their personal and professional priorities'*

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www.slow-work.eu



<http://www.slow-work.eu/>  
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